

# 4-H Spotlight

## 2021 March/April Edition

### Scholarship Opportunity

There is a \$1000 college scholarship available through the Wendell Chamber of Commerce.

#### Guidelines:

- Scholarships are awarded to Magic Valley Students for use at Idaho Colleges, Universities, and Vocational Schools without regard to age, sex, marital status, race, or religion.
- Scholarships are awarded from funds raised in conjunction with Wendell Chamber of Commerce sponsored events.
- An independent selection committee consisting of Wendell Business, education, and community members selects recipients based on the applicant's community service activities, educational aims, goals, and needs. Extracurricular activities are also considered. Take a look at page 5 for the application.

Entries must be postmarked by April 15, so get your application in quickly!

### Spring Break Fun

Thank you to all the volunteers and members who participated in our fun Spring Break activities.



*Fun at Archery*



*Youth participating in Robotics*

(More photos on pages 3-4)



### UI Extension - Gooding County

203 Lucy Lane  
Gooding, ID 83330  
(208)934-4417  
gooding4h@uidaho.edu  
www.uidaho.edu/gooding

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## Re-Enrollment Due April 1

by Deborah Peavler

All returning 4-H members were to have completed their enrollment on 4-H Online ([v2.4honline.com](http://v2.4honline.com)) by April 1. If you have not yet completed your enrollment, please do so as soon as you are able.

Enrollment Fees:

- Cloverbud (ages 5-7) = \$18
- 4-H member (ages 8-18) = \$23

4-H Online is an upgraded version. If you were enrolled in the previous version, your information transferred over. You will use the same login email, but may need to create a new password by selecting "Reset Password?" on the login screen. For best results, please use Google Chrome, Firefox or Safari. Do not use Internet Explorer.

Enrollment Fees can be paid by:

- Mailing a check, made payable to UI Extension Gooding County, to 203 Lucy Lane, Gooding, ID 83330
- Pay in-person with cash or a check
- Pay with credit card online at UI Marketplace or by scanning the following QR code



Should you or your family not be able to pay your 4-H membership fees, please contact our office at (208) 934-4417 so we can discuss any scholarship opportunities that may be available to pay the fees on your behalf.

\* New 4-H members always welcome. Contact us for assistance enrolling!

## Club Spotlight

This month's shout-out goes to **Knights of the Cloverleaf 4-H Club**, led by Glenda Knight. This club helped out a family in need. This family was taking a long trip to help a sick family member. The 4-H'ers got the family snacks, activity books, and games for the long trip. They also added hidden surprises of encouraging notes throughout the care package.

Great job watching out for community members in need!

## 2021 Gooding County Fair Theme Contest:

Thank you to everyone who entered the *Gooding County Fair Theme Contest*. We had more than 10 fantastic entries. The winning theme was "Country Pride, Country Wide." Congratulations to our contest winner, Sarah. Sarah's entry included her vision of the theme's artwork, see below. Great job Sarah!



# Sounds in Decibels

## Mental Health Matters Series – #2:

by Cindy Kinder, Camas and Gooding County Extension Educator

I recently attended the National Association of Extension 4-H Youth Development Professionals Annual Meeting where I was able to meet with conference sponsors National Institute on Deafness and Other Communication Disorders (NIDCD) and National Institutes of Health (NIH) to learn about their program It's a Noisy Planet. Protect Their Hearing® and their available resources. Over the next few months, I will be sharing this information with you, while helping you to evaluate your personal needs and encouraging you to consider change in your environment.

Last time, I asked you to listen and hear the sounds around you. Hopefully, you wrote down what you heard. Read the following about decibels to find out how loud your sounds were.

### What sounds can damage your hearing?

Sound is measured in units, called decibels (dB). Because people can't hear all frequencies, or pitches of sound, A-weighted decibel (dBA) is used to describe sound based on actually what human ears can hear. Sounds at or below 70 dBA are usually considered safe to one's hearing. Noises are more likely to damage your hearing when they are:

- 85 dBA and last a few hours;
- 100 dBA and last at least 14 minutes; or
- 110 dBA and last at least 2 minutes.

### Decibels of some common sounds:

- Pin drop: 0 dBA
- Whisper: 30 dBA
- Normal conversation: 60-70 dBA
- Movie theater: 74-104 dBA
- School cafeteria: 85 dBA
- Lawnmower: 80-100 dBA
- Motorcycle, dirt bike: 80-110 dBA
- Music player through headphones at maximum volume, concerts, and sporting events: 94-110 dBA
- Ambulance siren: 110-129 dBA
- Jet taking off: 140 dBA
- Fireworks show: 140-160 dBA

My curiosity got the best of me as I wondered about specific sounds in my house and on the farm, so I loaded a sound meter app on my phone and took some non-scientific readings to find the level of noises I live with.

### At my house:

- Dishwasher: 64 dBA
- Vacuum Cleaner: 89 dBA
- Washer & Dryer: 69 dBA
- AC/Heater Unit: 78 dBA
- TV (at the setting I normally use): 64 dBA

### 4-H Project Equipment:

- 1 Barn Fan: 85 dBA
- Livestock air blower: 88 dBA
- Hair Clippers: 88 and 83 dBA

I had no idea these sounds were so loud and are damaging to my hearing. Realistically, what can I do to manage these sounds?

- 1). I can move away from the noise, when possible;
- 2). I can reduce the amount of time I am exposed to the sound; you know though, I already feed as quickly as I can!
- 3). I can plug my ears. This seems so simple; I think I need to check into this option.

Your turn. Find a sound meter app, download it and have fun exploring the decibels of noises in and around your house, farm, work, and 4-H/FFA projects. Is the noise loud? What can you do to manage the louder sounds around you?

Reference:

<https://www.noisyplanet.nidcd.nih.gov/>



## Spring Break Archery Activity



**Nice shootin', Kees!**

# AmeriCorps Update by Jeni Hamilton



**The race to land humans on Mars is on!**

**This summer join us to explore space travel, NASA, and the Moon by sending a mission to Mars and more with the activity series *Mars Base Camp*.**

***Mars Base Camp* is a collection of activities that teaches kids, ages 8 +, STEM skills like mechanical engineering, physics, computer science, and agriculture. Dates & times to be determined. Watch for more information.**



## Fun at the Doggie Egg Hunt



## Market Rabbit Project Available This Year

*by Deborah Peavler*

**The *Market Rabbit* project is available in Gooding County! Here are some details:**

**June 1, 2021 - deadline to:**

- add *Market Rabbit* project to your 4-H Online project list
- turn in **Bill of Sale** and pay **Market Animal Fees** to UI Extension, Gooding County office
  - \$8 per pen, as Market Rabbits will be sold by the pen of 3, not individually

**June 15, 2021 -**

- ***Market Rabbit* project start date!** (Yes, this is the same day at Market Sheep & Goat weigh-ins; no, you do not have to bring your rabbits to be weighed. Guidelines forthcoming)

**Please note:**

- ✓ All market rabbits must be born between January and April 2021.
- ✓ Market Rabbits will be sold in pens of 3 at the at the Market Animal Sale.
- ✓ Members may sell only 1 market animal total - either 1 large animal or 1 pen of small animals.

*(Number of rabbits allowed per member and further guidelines on the Market Rabbit project forthcoming.)*

\* Contact Deborah Peavler at [dpeavler@uidaho.edu](mailto:dpeavler@uidaho.edu) to sign up.

# Congratulations to our State Livestock Skill-a-Thon winners!

## Team Results:

### High Individual Juniors



1<sup>st</sup> -Jonah Knapp 2<sup>nd</sup>-Joel Knapp

### High Individual Seniors



2<sup>nd</sup> Josiah Knapp 4<sup>th</sup> Elizabeth Wisniewski



2<sup>nd</sup> Place Overall Senior Team  
Josiah Knapp, Kendal Crawford,  
& Elizabeth Wisniewski

### Top Junior Written Quiz: 2<sup>nd</sup> Place- Joel Knapp



4<sup>th</sup> Place Overall Junior Team  
Jonah Knapp, Joel Knapp, Jasper  
Knapp, and Katherine Kinder

*Great job, everyone!*

### Lots of fun at Spring Break Cake Decorating



### Youth hard at work training their dogs during Spring Break Dog Obedience & Agility



## WELCOME, New 4-H Volunteers!

We have new 4-H volunteers on board this year.

Dave Anderson is a new Shooting Sports volunteer. He will be working with youth to help them with Shotgun and other projects in Gooding County.

Phoebe Latchu is a new volunteer for High Desert 4-H Club; she will be helping youth with swine projects.

Anni Norstebon is a new volunteer for Stock Exchange and will be helping the members with animal projects.

Kristy Hall is a new art project volunteer, helping with the Art Pilot Program.

Thank you all and welcome to the 4-H family!

**University of Idaho**  
Extension  
Gooding County



# Calendar of Events

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## April

- 1** 4-H Membership & Fees Due (\$18/\$23)
  - 10** Virtual Goat Field Day
  - 10** Dairy Education Day
  - 19** Gooding 4-H Leaders' Council & Committee Meetings
  - 22** District Horse Carnival (Jerome County Fairgrounds - 5:00 PM)
  - 23** Market Swine: Project Entry, Fees, & Bill of Sale Due
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## May

- 3** Market Dairy: Project Entry, Fees, & Bill of Sale Due
  - 6** Market Swine Weigh-In (Time TBD)
  - 8** Small Animal Education Day (Twin Falls)
  - 10** Gooding 4-H Leaders' Council & Committee Meetings
  - 14** All 4-H projects- Project Entry Deadline (except for Market Sheep/Goat/Rabbit projects)
  - 15** Market Dairy Weigh-In (Time TBD)
  - 15** Camp Counselor & Leadership Training (Lincoln County Fairgrounds - 12:00 PM)
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## June

- 1** Market Sheep/Goat/Rabbit: Project Entry, Fees, & Bill of Sale Due
- 2-3** Camp Counselor & Leadership Training (Lake Walcot - Rupert/Time TBD)
- 12** Wendell Dairy Days Parade
- 14-18** 4-H June Summer Camp - Ketchum (Contact Minidoka County Extension)
- 15** Market Sheep/Goat Weigh-In
- 15** Market Rabbit: Project Start Date
- 17-19** Idaho Junior Beef Expo
- 19** State 4-H Quiz Bowl Contest
- 21-24** STAC (Details TBD)

For your information:

Gooding County 4-H Leaders' Council Executive Board Members

President: Daniel Knapp

President Elect: Robin Ulrich

Secretary: Karen Wisniewski

Treasurer: Denise Mavencamp

## Wanted: Project Volunteers

Gooding County 4-H is seeking new project volunteers. Volunteers needed for the following 4-H activities/projects:

- \* Sewing (Clothing, quilting, etc.)
- \* STEM ( examples include Entomology, Vet Science, robotics, and more)
- \* Cloverbud club for ages 5-7 years

If any of these areas sound like you, please contact Deborah to get the volunteer application process started.

UI Extension - Gooding County  
203 Lucy Lane, Gooding, ID 83330  
[www.uidaho.edu/gooding](http://www.uidaho.edu/gooding)  
(208)934-4417

**2021**  
**Wendell Chamber of Commerce – Magic Valley Dairy Days**

Deadline: Postmarked by April 15, 2021

**Guidelines:**

\*Scholarships are awarded to Magic Valley Students for use at Idaho Colleges, Universities, and Vocational Schools without regard to age, sex, marital status, race, or religion.

\*Scholarships are awarded from funds raised in conjunction with Wendell Chamber of Commerce sponsored events. Students with a minimum of 10 dual credits may be eligible for additional funding with the Post-secondary Schools Credit Scholarship through the Idaho Board of Education. (Student is responsible for contacting the Idaho Board of Education).

\*An independent selection committee consisting of Wendell Business, education, and community members selects recipients based on the applicant's community service activities, educational aims, goals, and needs. Extracurricular activities are also considered.

\*Scholarships of \$1,000 are issued the 1<sup>st</sup> week of August

Part 1. Personal Information

Name: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Phone Number \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Parent Address: \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Field of Study/Major: \_\_\_\_\_

Education Completed: \_\_\_\_\_ Graduation/Certificate Date: \_\_\_\_\_ G.P.A. \_\_\_\_\_  
(minimum GPA Requirement – 2.0)

Personal Reference: \_\_\_\_\_ Phone # \_\_\_\_\_

Part II. Please answer the following questions completely: (please type your answers)

1. Tell us about your community service work (Please be specific and indicate the number of hours you spent on each) and school involvement: extra-curricular activities, leadership, honors, awards, and organizations.
2. How do you plan to finance your education? Please elaborate.
3. What are your educational and career goals, and how do you intend to achieve them?
4. What makes you an outstanding scholarship applicant?

I *certify* that all the statements made in this application are true, complete, and correct to the best of my knowledge, and are made in good faith.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Submit application to: Wendell Chamber of Commerce P.O. Box 54 Wendell, Id 83355



# SPRING 2021 DAIRY EDUCATION DAY

**DATE: APRIL 10, 2021**

**TIME: 10 AM - 12 PM**

**LOCATION: 318 SPRING COVE RD, BLISS, ID 83314**

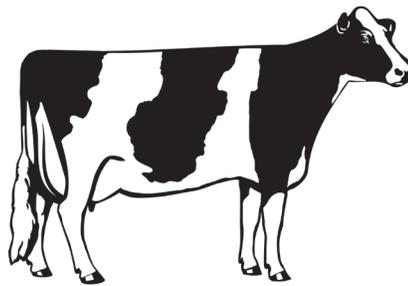
**COST: FREE**

**HOSTED BY CROSSWINDS FARM**

- **Mandatory for all 1st & 2nd year Gooding County 4-H Market Dairy members.**  
All others are welcome
- **Registration is required by April 7, 2021**
- *Look for the potato cellar when you arrive; a sign will be posted on the road to help you find the farm.*

## WHAT YOU'LL LEARN:

- **Expectations and requirements of the January Market Dairy Heifer project**
- **Heifer Selection & Halter Breaking**  
by Jessica Minor
- **Dairy Heifer Nutrition** by Doug Minor
- **Health & Wellness** by Hoyt Rees



*Where attendance at an Education Day is a requirement of your project, should you not be able to attend this event, you may attend the Magic Valley Dairy Heifer Program Education Day on May 1, 2021. If you are not able to attend either event, please contact Deborah Peavler to discuss your options.*

Detach below & return to UI Extension - Gooding County, 203 Lucy Ln, Gooding, ID 83330; dpeavler@uidaho.edu

## REGISTRATION FORM:

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Club:** \_\_\_\_\_

**County:** \_\_\_\_\_

**Years in Market Dairy Project:** \_\_\_\_\_

I give my child permission to participate in the above class.  
\_\_\_\_\_(Parent Initials)

I agree that you may photograph my child and give my permission for photos to be used in displays or any media.

Yes\_\_\_\_ No\_\_\_\_\_

\_\_\_\_\_  
Parent Signature

<b>2021 PROJECT DEADLINES</b>	<b>4-H MEMBERSHIP FEE ENROLLMENT ON 4-H</b>	<b>MARKET ANIMAL FEE</b>	<b>PROJECT ADDED TO 4-H ONLINE BY</b>	<b>FORM: BILL OF SALE</b>	<b>INITIAL WEIGH-IN</b>	<b>FAIR ENTRY FORM &amp; FEE</b>	<b>FORM: MARKET ANIMAL SALE CONSIGNMENT</b>	<b>MARKET RECORD BOOKS AND/OR INVOLVEMENT REPORTS</b>
<b>MARKET BEEF</b>	March 5	March 5	March 5	March 5	March 20	NA	August 9	September 3
<b>MARKET SWINE</b>	April 1	April 23	April 23	April 23	May 6	NA	August 9	September 3
<b>JANUARY MARKET DAIRY HEIFER</b>	April 1	May 3	May 3	May 3	May 15	NA	August 9	September 3
<b>MARKET GOAT/ RABBIT/SHEEP</b>	April 1	June 1	June 1	June 1	June 15	NA	August 9	September 3
<b>HORSE</b>	April 1	NA	June 1	NA	NA	July 23	NA	September 3
<b>ALL OTHER ANIMALS*</b>	April 1	NA	May 14	May 3	**	August 2	NA	NA
<b>FAMILY &amp; CONSUMER SCIENCE/MISC</b>	April 1	NA	June 1	NA	NA	NA	NA	NA

\* Breeding beef, breeding swine, breeding sheep, breeding meat goat, breeding dairy, pet/pygmy goat, horse, cat, cavy, poultry, rabbit, and dog

\*\*Check project requirements on UI 4-H website at [uidaho.edu/extension/4h/projects](http://uidaho.edu/extension/4h/projects)

<b>2021 FEES</b>		
	<b>MEMBERSHIP</b> Cloverbud: ages 5-7, as of January 1, 2021	\$18
	4-H Regular/Horse (ages 8 – 18, as of January 1, 2021)	\$23
	<b>MARKET ANIMAL</b>	\$8/animal
	<b>FAIR ENTRY (breeding, small animal &amp; Cloverbud)</b> <b>HORSE</b>	\$4/animal \$4/class or \$20 all day



## Did You Know?

### 4-H membership card information

4-H membership/volunteer cards are being sent out. Be sure to **show your membership card** when purchasing supplies for **your 4-H project** at any D&B Supply, JOANN Fabrics and Crafts, Valley Wide Country Store, and Western Stockman's. Chances are other retailers may give you a discount when purchasing supplies for your 4-H project; just **show them your 4-H Membership Card and ask!** Be sure to let us know which retailers are giving discounts so we can keep a list and let others know.

*Still need yours? Contact the office for assistance.*

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#### **For More Information:**

**UI Extension – Gooding County**  
**(208)934-4417**  
**[gooding4h@uidaho.edu](mailto:gooding4h@uidaho.edu)**



UNIVERSITY OF IDAHO EXTENSION

Julie Buck, Bingham County and Laura Sant, Franklin County

# Home Canning Basics

Learn food preservation with Free online live demonstrations

May 3 BOILING WATER BATH CANNING

May 10 PRESSURE CANNING

May 17 PICKLES

May 24 JAMS

2-3:30 pm MT



REGISTER for each class separately at

[https://uidaho.co1.qualtrics.com/jfe/form/SV\\_5yID4t34MwDEuCG](https://uidaho.co1.qualtrics.com/jfe/form/SV_5yID4t34MwDEuCG)

The University of Idaho is an equal opportunity/affirmative action employer and educational organization. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation, or disability. Anyone participating in this event who needs auxiliary aids or services, please contact Julie Buck [jhbuck@uidaho.edu](mailto:jhbuck@uidaho.edu) or 208-785-8060.



# Camp Counselor for All Things Wild 4-H Camp

## Qualifications:

- Youth ages 13-18
- Want to lead at camp
- Attend trainings
- Willing to follow code of conduct

**July 5-8, 2021**

**Central Idaho 4-H Camp, Ketchum  
Idaho**

## Plan on going WILD with

- Leading classes and skits
- Planning camp details & hunt
- Singing songs, and leading campfire and flag ceremony
- Conducting get to know you activities



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## Applications Due: May 7, 2021

Gooding County Extension Office  
203 Lucy Lane, Gooding, Id  
Phone: 208-934-4417  
Email: ckinder@uidaho.edu

**or**

Blaine County Extension Office  
302 First Ave. South, Hailey, Id  
Phone: 208-788-5585  
Email: cvaughan@uidaho.edu



To enrich education through diversity the University of Idaho is an equal opportunity/affirmative action employer and educational institution. Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact their local extension office by June 1, 2021 University of Idaho and U.S. Department of Agriculture and Idaho counties cooperating.



## CENTRAL DISTRICT 4-H YOUTH CAMP COUNSELOR APPLICATION

Name: \_\_\_\_\_

Age: \_\_\_\_\_  
(as of Jan 1, 2021)

Address: \_\_\_\_\_

Grade completed: \_\_\_\_\_

\_\_\_\_\_

County: \_\_\_\_\_

Phone/Text: \_\_\_\_\_ Contact via Email Address: \_\_\_\_\_

Number of years attended 4-H Camp as a **Camper**: \_\_\_\_\_ **Counselor**: \_\_\_\_\_

Leadership positions held in school, sports teams, and youth organizations or in community.

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Experiences working with younger youth (examples: camping programs, babysitting, 4-H, family, school, church, sports etc.). Include your role and age of youth:

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Why do you want to be a 4-H camp counselor?

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How do you think being a 4-H camp counselor will benefit you?

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If you are chosen as a counselor, list at least three goals you hope to accomplish at camp this year.

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