# EXTENSION TRENDS: LATAH COUNTY

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# 2022 By the Numbers

- 5,205 direct contacts
- 1,551 youth participants
- 222 volunteers
- 2,712 volunteer hours
- \$250,000 extramural funding

## **Our Advisory Council**

Special thanks to our volunteers who inform the work we do for UI Extension in Latah County: Jodi McClory, Jenny Parker, Paul Brandenstein, Amanda Argona, Jen Elliott, Robin Ohlgren, Lovina Englund, Tina Bass, Michelle Reynolds, Stephanie Fletcher, Kim Monk, Jennifer Ashmead, Jennifer Wallace, BJ Swanson, Kim Vogel, Marlys Wilson, Erika Odenborg, Jenny Ford, Rusty Schatz and Barb Morris.

## **UI Extension Educators**



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#### 2022 Impact

Our Financial Conference brought 37 sponsors and speakers to teach over 180 community members. County junior and high schools participated in the That's Life simulation, and elementary kids were taught financial literacy classes such as Spend, Save, & Share, Making Piggy Pretty and Creative Chore Charts. Also offered was an Everything Retirement full-day workshop and Taste of the Palouse cooking demonstration.

Over 200 stakeholders attended the Pollinator Summit. The Harvest Heroes program continued to provide vegetable production education to veteran farmers. Hands-on workshops included Mulching, Hanging Flower Baskets, Garden & Landscaping Design, Winterizing Your Garden and Soil Testing. A new week-long beginning farmer intensive education program was implemented. Grant funding supplied irrigation supplies to over 30 stakeholders who attended educational programs. A \$250,000 USDA grant was awarded to support future markets and farmer vendors for 2024-26.

Weekly visits to local food banks brought nutritional information and recipe cards, as well as healthy dishes for visitors to sample. In collaboration with the Idaho Food Bank, the Cooking Matters series was taught at Paradise Regional Creek High School. By the end of the series, students were equipped with basic cooking skills to prepare balanced meals and snacks. Participation at the Moscow Farmers Market and Summer Meals Program at Lena Whitmore Elementary reached an average of 55 people per event.

### 4-H in Latah County

Latah County 4-H reached over 285 youth and 50 volunteers with 292 completed projects. Youth attended the state Horse Contest, Shooting Sports competition and Know Your Government Conference. Various field days and clinics were held to educate about caring for large and small animals. At the Latah County Fair, 225 animals were shown, and 67 general projects were displayed, such as citizenship, sewing, baking, LEGOS and woodworking. Work continues with the Moscow Middle School Earth Club on a school garden and the 4-H Healthy Habits curriculum to encourage healthy eating and exercise.

#### **On the Horizon**

New financial programs for 2-6 grades are being added, including Money Bags, That's Life Jr, How to Sell a Rock, Dream Vacation and Kids Kredit Card Plus. The fourth annual Our Financial Conference will bring relevant and timely information to the community with new topics based on evaluation data from past events.

A new marketing program for the Tuesday Community Market will be implemented and the fourth annual Pollinator Summit will be held. Farm and garden classes will continue, and the Idaho Master Gardener program will start with hopes of new certified volunteers to maintain local gardens and assist the community with plant problems through the weekly Plant Clinic.

An increase in 4-H adult volunteers will help expand capacity. A Super Saturday Training for leaders to learn about different 4-H project opportunities will be held. Programs to connect students to local agriculture as well as nutritional information are being planned in cooperation with U of I personnel, producers and local school districts.

Eat Smart Idaho Nutrition Instructor Natalia Valentia is working to provide recipe card stands at food banks throughout Latah County that would be updated monthly and/or seasonally.