

# EXTENSION TRENDS: **FRANKLIN COUNTY**

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## 2022 By the Numbers

- **1,441** direct contacts
- **966** youth participants
- **48** volunteers
- **300** volunteer hours

## Our Advisory Council

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension in Franklin County: Dirk Bowles, Boyd Burbank, Robert Swainston, Spencer Barzee, Sheena Jones and Brady Garner.

## UI Extension Educators



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## 2022 Impact

Educator Laura Sant taught three six-week sessions of Preserve@Home with Extension educators from Idaho, Oregon, Colorado and Wyoming. Of the 56 students who completed the class, 49 (88%) had a grade of 70% or higher. A post survey was given after the end of the class with 43 surveys completed. An average of 58% of respondents indicated learning and 96% indicated planning to do research-based food preservation skills/behaviors.

Thirty-two of 68 county employees (47%) participated in the Franklin County Wellness Program by making a lifestyle goal to maintain or improve some aspect of their health at the beginning of 2021. They received a \$50 incentive. Twenty (63%) of the 32 who made goals reached and maintained their goal and attended two educational classes. They received the additional \$50 incentive at the end of the year.

Sant co-taught the American Heart Association: Healthy for Life program with other Idaho Extension educators. Approximately eight individuals participated in the class. A retrospective pre/post survey was given at the end of two of the classes with an average of five surveys returned. Participants indicated an increase in knowledge about and confidence in doing healthy skills after taking the class.

## 4-H in Franklin County

There were 48 volunteers and 364 4-H members enrolled in 764 projects in Franklin County. They completed 672 (88%) projects. Sant helped begin and oversaw a Cloverbud program in Franklin County. Between Jan.-Aug. 2022, seven different Cloverbud projects were taught (55 classes). Sant actively co-taught three of those projects. Sant taught/cotaught seven other clubs/day camps and assisted in teaching two school enrichment programs, including Bread in the Bag and Recruitment.

Sant also helped to plan and conduct the Alpine 4-H Camp for Bear Lake, Caribou, Franklin and Power counties. She assisted with planning and presenting 4-H projects, contests and activities at the Franklin County Fair and Eastern Idaho State Fair. She also served as the EISF 4-H Building Chair.

## On the Horizon

Sant will continue to offer in-person and online health, nutrition, food safety and preservation instruction, including stress management and mental health education.