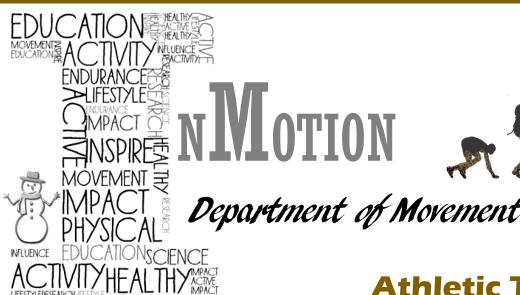
December 2016 University of Idaho Issue 2 Volume 2





Department of Movement Sciences

Athletic Training

Features

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ISMaRT Clinic—Integrated Sports Medicine and Rehabilitative Therapy Clinic

In summer 2016, the newly renovated College of Education Building re-opened. In this newly renovated space, the Department of Movement Sciences opened a new Applied Exercise Science Laboratory and an Athletic Training Clinic. These spaces were made possible by the vision of faculty members, designers and generous donors. A special thank you is extended to the Kleffner and Giles families for their financial support in making this space possible for the University of Idaho community.

The ISMaRT Clinic is a teaching and research patientcare clinic that is open to University of Idaho students, faculty, staff and administration free of charge. With a physician referral community members also have access to the free clinic for the evaluation and treatment of injuries and illnesses. Under the direct supervision

of Athletic Training faculty members in the Department of Movement Sciences, doctoral and master's students, utilize a unique health care model which allows for real-world experience utilizing evidence based practice and practice based evidence models.

Athletic Training at the UI offers two degree options, the Master of Science in Athletic Training (MSAT) and the Doctor of Athletic Training (DAT). The MSAT is an entry level professional degree and is an accredited program through the Commission on Accreditation of Athletic Training Education, and the DAT is a post professional terminal degree focused on professional -clinical practice improvement through applied research, education and leadership. http:// www.uidaho.edu/ed/mvsc/academics/at

Welcome, Welcome!—

Dean Ali Carr-Chellman and Family! Dr. Carr-Chellman joins the UI family from The Pennsylvania State University, where she was the department head of Learning and Performance Systems (LPS) and a Professor of Learning, Design and Technology. Dean Carr-Chellman's research interests focus on school change and innovation broadly. She has conducted qualitative research on video gaming technology to re-engage alienated learners, particularly boys, technology integration in



schools, diffusion of innovations, stakeholder participation, user-design and unheard voices from homeless to prisoners. Her administrative work has included program level administration and departmental leadership highlighted by strengthening the fiscal position of the LPS Department through innovative curriculum development, strong extramural funding, and significant enrollment growth.

Dean Carr-Chellman joins the College along with her husband, Dr. Davin Carr-Chellman who serves as an Assistant Professor in the AOLL program in Leadership and Counseling. Davin's work focuses on adult learning, informal learning, philosophy, ethics and qualitative research methods. His

current research projects include identity formation in the professions, adult learning and end-of-life care, human agency and technology and online learning and behaviorism. The Carr-Chellmans have moved to Moscow with their three children; twin boys, Asher & Jules aged 14 who are freshmen in the Moscow High School, and their daughter, Aila aged 13 who is an 8th grader in the Moscow Middle School. Ali is very pleased to be joining the Vandal family and reports that the family is getting settled into their new home and doing very well with the adjustment to the wonderful city of Moscow. When not at work or school, the Carr-Chellman family enjoys making music, biking, and exploring their new environment across the state of Idaho.

Dr. Ali Carr-Chellman, Dean College of Education



Dr. Ann Brown, PhD! Ann joins MVSC as an assistant professor in Exercise Science and Health. She and her husband, Asa, join us from Florida where Ann completed her PhD and Asa completed Law School at Florida State University in August 2016. During her doctoral program she worked with both athletic and clinical populations investigating effects of nutrition and exercise

training interventions in order to manipulate metabolism, optimize body composition, and improve overall health and performance. She has a particular interest in nutrient

supplementation in weight-sensitive athletic populations such as dancers. Ann is originally from Seattle, WA where she attended Seattle University and received her BS in Biology while she was a member of a pre-professional dance company. When not working, both Ann and Asa enjoy a great workout, eating good food, golfing, hiking, Florida State football, and spending time with their child/dog, Rudy.

Dr. Ann Brown, Exercise Science and Health Faculty— Exercise Physiology University of Idaho

Department of Movement Sciences

http://www.uidaho.edu/ed/movementsciences

Faculty Member Spotlight

SABBATICALI Dr. Julie Son has been awarded a sabbatical for the 2017-18 academic year. Dr. Son is a tenured Associate Professor in the Recreation Program and serves as the Program Coordinator. Julie started at the UI in August 2011. She earned her PhD from The Pennsylvania State University at University Park with a focus in Leisure Studies and Gerontology. Julie has a MA from the University of Nevada at Reno and a BA from Whitman College in Walla Walla, WA.

As part of her sabbatical, Dr. Son will work on several collaborative research projects with faculty across the U.S. and abroad, including a project on older women's competitive softball, two studies about how leisure relates to health in youth and young adults, and a study on outdoor physical activity opportunities for older adults in Taiwan. She will also work with a faculty member at The Ohio State University on a grant proposal to investigate leisure as a coping resource for caregivers of adults with disabilities. Related to her teaching and coordinator roles in the department, she will compare graduate curriculum while she is visiting National Cheng Kung University in Taiwan.

During her leisure time, Julie enjoys spending time with her husband Steve, daughter Kiana, and 14-year old "crazy" dog, Mika. She also likes to hike, bike, run (well, more like jog slowly), go to parks, and play ultimate frisbee.

Dr. Julie Son, PhD; Recreation Program Faculty and Coordinator



2016 OUTSTANDING INDIVIDUAL AWARD! Dr. Damon Burton was awarded the 2016 Outstanding Individual Award from the Idaho Recreation and Parks Association. Dwight Curtis, the Director of Moscow Parks and Recreation stated, "The award honors significant contributions from an individual whose involvement has had a significant positive impact on parks and recreation at the city, county, state, regional, or national level." In 1989, Damon was appointed to the City of Moscow Parks and Recreation Commission and has provided 28 years of dedicated service for the betterment of Moscow community

parks and recreation programs. His service has entailed many subcommittees, task forces and engagements, such as the Hamilton-Lowe Aquatics Center Committee, the Hamilton Indoor Recreation Center work, the citizens planning panel for the Moscow School District Community Playfields, the chair of the Parks and Recreation Commission for several years, coaching youth sport many seasons, and many others. Moscow Parks and Recreation and the Department of Movement Sciences value the close tie we have together.

Dr. Damon Burton, Exercise Science and Health Faculty—Sport Psychology



University of Idaho

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Doctoral Student Spotlight

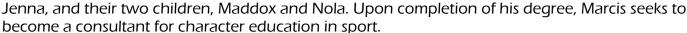


Marcis Fennell is in his second year in the MVSC doctoral program. Originally from Long Beach, California, Marcis is pursuing a doctorate degree in Character Education and Leadership with an emphasis in Moral Reasoning in Sport under the tutelage of Dr. Sharon Stoll. As a former student-athlete at the University of Idaho, former professional athlete, and former high school coach, Marcis brings a perspective to the department that is very unique. Marcis received his Bachelor's of Science degree in Sport Science and

his Master's of Science degree in Movement

and Leisure Sciences from the University of Idaho.

Marcis' experiences have provided him with a passion to positively influence the culture in American sport. His research direction is leading him to assess the moral lessons taught by high school coaches. When Marcis is not living the non-stop life of a doctoral student, Marcis enjoys spending quality time with his wife



Marcis Fennell, Doctoral Student; Emphasis in Healthy Active Lifestyles—Sport Ethics and Leadership

Movement Sciences Staff Spotlight

is the Academic Advisor for MVSC. He advises all freshman and sophomore students who are majoring in Exercise Science and Health, Recreation, and Dance. He earned his BS in Health Science—Health Psychophysiology Biofeedback from California State University at Fullerton, and MED in Physical and Health Education from the University of Idaho. He is currently working on a BS in Psychology. He takes pride

in his role as an academic advisor at UI. His goals as an academic advisor are to: (1) motivate and encourage retention among MVSC students through detailed planning and mentoring, (2) connect students with various UI resources, and (3) provide students with high quality service which will give them the essential tools to be successful in their academic pursuits. Paul's hobbies include skateboarding, mountain biking, surfing (in CA) and lifting weights. You will most likely see Paul at the Moscow skate park after work and on weekends.

Explore—Discover—Engage—Move!

Paul Alderete, MVSC Academic Advisor

University of Idaho

Department of Movement Sciences

http://www.uidaho.edu/ed/movementsciences

Master's Student Spotlight

Megan Mulready is a MS student in Athletic Training in her second year. She earned a BS in Kinesiology—Therapeutic Studies from California State University, East Bay in 2015. Megan is a former US Masters Swimming Coach at the University of California, Berkeley and at the University of Idaho. Megan has traveled from Idaho to the East Coast to Southern California to work at different clinical sites in athletics. Megan is



interested in conducting research, gaining clinical experience, and further developing her clinical philosophy. Her professional goals are to become a certified athletic trainer and excel in collegiate and/or professional athletics. Megan has a passion for manual therapy and working with the collegiate and professional athletic populations.



Megan Mulready, MS-Athletic Training



Mays YMCA in San Antonio, TX Internship! *Angie Rios*, from Mountain Home, ID will be traveling to San Antonio, TX this spring 2017 semester to complete her internship at Mays YMCA as a Sports Coordinator. Angie is a graduate of the Exercise Science and Health Program (BS ESH'14) and will be finishing her MS in Movement and Leisure Sciences in spring 2017. She feels very fortunate to be able to complete her internship at the Mays YMCA, as they have the highest rates of enrollment for youth sport in San

Antonio. When Angie completes her internship, her plan is to work at one of the many YMCAs in

San Antonio. Angie has competed in sports since she was 4 years old, with basketball and soccer as her favorite sports. In addition, she enjoys motocross sports, fishing, and whitewater rafting. Angie states that she has "created many memories being active and her goal is to help others become happy and healthy with their lives through sports."



Angie Rios, MS-Movement and Leisure Sciences w/Emphasis in Recreation, Sport and Tourism





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Undergraduate Student Spotlight

The Movement Science Department has recently been highlighted through two awards received by undergraduate, Dance and Exercise Science and Health student, *Lauren Smith*.

The Moscow Mayor's Arts Awards Committee selected Lauren to receive the Outstanding University Student in the Arts Award. This accolade was based on nominations compiled by MVSC professors and other UI staff that described the contributions Lauren has made to the arts in Moscow, both on and off campus. Some of these contributions include her 72 performance works with the UI-Dance program, the four mainstage productions her

choreography has been showcased in, the university and Festival Dance classes she teaches, and Moscow's first participation in the National Water Dance event that she

helped organize. In addition to this award, she was also selected to receive one of 55 UI Alumni Excellence Awards honoring her efforts within the university.

Lauren contributes these awards to Belle Baggs and Melanie Meenan (i.e., her outstanding program directors in the dance program), professor emerita Diane Walker, and other Movement Sciences faculty that have provided her many opportunities since arriving at the University of Idaho. She will strive to represent the Dance and Exercise Science and Health Programs well after graduation as she aims to dance professionally before heading back to school for her MFA in Dance.

Lauren Smith, BS Dance and BS Exercise Science and Health Spring 2017



Michaela Lawler recently won a 2016 University of Idaho Alumni Award.

Michaela is expecting to graduate in spring 2017 with a BS Ed degree in Physical Education Teaching. The UI Alumni Award is based on academic record, campus accomplishments, and community involvement. Michaela is from South Kingstown, Rhode Island and a senior here at the University of Idaho. She will be completing her internship in the Moscow School District during the spring

2017 semester. She feels that she is fortunate to be a physical education major, where she is able to foster her love of physical activity in others. She is also a member of Army ROTC, and upon graduation she will enter the active

duty Army as a Second Lieutenant. In her free time she enjoys working out, running, hiking, playing sports, and volunteering wherever she can. She has volunteered at numerous events from road races to food drives, and has worked for middle school track and field. Michaella states that she is "honored to be receiving an Alumni Award for Excellence and is pleased that while doing something she loves, she was able to help others."



Michaela Lawler, BS Ed Physical Education Spring 2017



Movement Sciences— Scholarly and Creative Activities

COMPREHENSIVE SCHOOL PHYSICAL ACTIVITY PROGRAMMING

Drs. Goc Karp and Berei and Master's student, Katie Kauffman, completed a study exploring Idaho physical educators' perceptions and implementation of Comprehensive School Physical Activity Programming (CSPAP). Out of 268, 108 (40%) physical educators responded to an online survey. Teachers reported they provided quality physical education (95%); PA opportunities before and after school (33%); opportunities during school (38%); family and community events (27%), and have staff involved in PA (26%). Challenges to implementation included time allotted in job descriptions, outside commitments, compensation, resources, facilities, and equipment. Teachers (90%) reported having no CSPAP professional development, but expressed interest (72%). Many felt CSPAP is important but few implement all CSPAP



components due to perceptions of challenges. Future steps are to provide professional development opportunities and strategies that can be utilized to increase Idaho PA opportunities. This study was accepted for the *SHAPE* America Conference in March 2017 and has been submitted to a journal for publication.

HEALTH AND WELLNESS BENEFITS OF TRAVEL EXPERIENCES

Dr. Chen and his colleagues in Taiwan began the Health and Wellness Benefits of Travel Experiences project this fall 2016. This two-year project is funded by the Ministry of Technology and Science of Taiwan. In the first year, selected tourists will be surveyed in leisure farms, theme parks, and resort hotels in Taiwan to investigate the effect of travel experiences on tourists' subjective well-being. The second year will involve measuring participants' perceived stress and life satisfaction weekly within a five-month period of time, which will include three major long holiday weeks in Taiwan.

UI ACTIVE TRAVEL AND WORKPLACE ACTIVITY

Dr. Scruggs, doctoral students Megan Nelson and Brian Deng, and MVSC alumnus Mark Blickenstaff began the Active Travel and Workplace Activity study this fall 2016 by surveying University of Idaho employees about their perceived facilitators and barriers to active travel and workplace activity. These outcomes will be examined in relation to demographic characteristics, physical activity and sedentary behaviors, perceived health, and active travel and commuting behaviors. A total of 741 employees responded to the survey. The research team will be working on the collected data and preparing for a second survey distribution in winter and spring to examine seasonal impacts.





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Movement Sciences— Scholarly and Creative Activities (cont.)

CARDIOMETABOLIC DISEASE RISK FACTORS

Dr. Vella and her research team - doctoral student Megan Nelson and un-

dergraduate student Kate Connor - are investigating sedentary behavior and cardiometabolic disease risk factors in young adults. They are examining self-reported screen time (i.e., phone, TV, iPad, computer games) and objectively measured sedentary behavior to understand the consequences of different types and amounts of sedentary behavior on obesity and cardiometabolic risk in young adults. The research team will be presenting their work at the American College of Sports Medicine Northwest Annual Meeting in Bend, OR in February 2017 and at the American College of Sports Medicine Annual Meeting in Denver, CO in May 2017.



EMBODIMENT IN DANCE—BODY MIND CENTERING



Melanie Meenan, received the Diane Walker Dance Faculty Professional Development Endowment in 2016, supporting her continued professional development and research in healthy practice and embodiment in dance. Melanie is currently studying Body-Mind Centering™ (BMC), with a special interest integrating developmental movement patterns and embodied anatomy in dance training. As a result, she hopes to eventually complete the Somatic Movement Educators and Infant Development Movement Educators certificates through BMC™. Her research and education in this area continues to support curriculum development in a new dance course, Integrated Movement Practices, and her pedagogical research and practices in studio and integrated lecture/lab-based courses in the dance program.

SELECTED MVSC PUBLICATIONS

- -*Hansen-Honeycutt J, Chapman EB, **Nasypany A, **Baker, RT, **May J. A clinical guide to the assessment and treatment of breathing pattern disorders in the physically active: Part 2, a case series. *Int J Sports Phys Ther*. 2016;11:971-979. *DAT'16 Graduate, **MVSC Faculty
- -**Goc Karp G, Houge Mackenzie S, **Son J, Kern A, **Brown H. Facilitating collaborative interdisciplinary research: Exploring process and implications for leisure scholars. *Leisure/Loisir*. 2016;40:201-223. http://dx.doi.org/10.1080/14927713.2016.1220259 **MVSC Faculty
- Lowry M, *McGrath R, **Scruggs P, **Paul D. (2016). Practitioner survey and measurement error in manual bicycle and pedestrian count programs. *Int J Sustain Transport. 2016;10*:720-729. *PhD′15, **MVSC Faculty
- -**Stoll SK, Beller JM, VanMullen P, *Bryant K, *Fennell M. (2017). Leadership—The Act of Serving. In *Leadership*. InTechOpen. *PhD Candidate, **MVSC Faculty



University of Idaho

Department of Movement Sciences

http://www.uidaho.edu/ed/movementsciences



FACULTY FALL CONCERT AND MASTER CLASS. "DEFINING BALANCE"

The UI-Dance Program's Fall Concert "Defining Balance" was a success. Audience members' remarks noted this concert was their favorite thus far. The show featured work by faculty choreographers: Belle Baggs, Melanie Meenan, and Colleen Bialas. In addition, the UI-Dance Program was awarded an ASUI Fine Arts Fee grant to support the guest residencies of choreographers Sarah Ebert (Eugene, OR) and Jamie Minkus (Portland,



OR). This pre-professional dance concert featured 18 selected students in styles of dance that ranged from contemporary, ballet, modern, and African Diaspora rooted movement. The program was proud to host a Master Class taught by faculty and attended by prospective students and community members.

IDAHO DANCE EDUCATION ORGANIZATION (IDEO) CONFERENCE

This year represented the 2nd annual conference of the Idaho Dance Education Organization Conference entitled, "The Language of Dance," held on October 22nd in Boise, ID. Faculty members Melanie Meenan and Belle Baggs taught movement research sessions to support

the mission of the organization to share great practices and move forward the field of dance education in Idaho. Ten Ul-Dance program students also had the opportunity to attend, participate in discussions, and share ways to advocate for, analyze, and advance dance education in our schools and communities. Additionally, Baggs' choreography, "Swallowed by the Sun" was performed in a closing concert that celebrated the future of dance education. The UI -Dance program is proud to be hosting the 3rd annual conference tentatively scheduled at the end of October 2017. For more information about IDEO and the upcoming conference visit the website: http://idahodeo.org



WELCOME NEW DANCE FACULTY—COLLEEN BIALAS

Colleen Bialas, originally from Muskegon, Michigan, is a dancer, teacher and choreographer. She graduated from Interlochen Arts Academy, attended San Francisco State University (BS) for her undergraduate studies and holds an MFA in Dance from the University of California, Irvine. She has performed with Ballet Santa Barbara, State Street Ballet and as a trainee with the Richmond Ballet. Colleen is thrilled to be teaching this year at University of Idaho and serving as head instructor for Festival Dance and Performing Arts. She loves teaching dance to all different age

groups and is inspired by her students on a daily basis to give them challenging work that advances them technically and artistically.

Dance Events—Performances

PROGRAM AUDITION AND MASTER CLASS

The UI-Dance Program will hold its program entry audition for prospective students on Friday, February 17th. All dance majors beginning in the fall of 2017 should apply to attend and inquire about available scholarships. See our website for more information about how to apply or email dance@uidaho.edu.

DANCE OFF HAND

"Dance Off Hand" (informal showing) sponsored by Terpsichore, Dance Majors & Minors Club will feature performances from dance activity courses of all levels on December 8th at 7:30pm in PEB, Studio 110 (\$5). This concert is a fundraising events for students planning on attending the American College Dance Association Conference in April 2017. In addition, the dance students will be selling 2017 Dance Calendars (\$10) to support student attendance at the conference. Contact uidanceoutreach@gmail.com for more information about previewing and purchasing a calendar.



JAZZ FESTIVAL DANCE CLASSES

February 23-25th 2017 the University of Idaho will celebrate 50 years of Jazz education in the annual Lionel Hampton Jazz Festival, "Grounded in Tradition. Breaking New Ground." In 2004, Jazz Fest Dance Workshops were initiated by faculty Diane Walker and Greg Halloran and continue today to expand students' understanding of Jazz through a variety of "hands-and-feet-on" sessions. Join the fun in a variety of classes open to all ages and levels led by guest artists, faculty and specialty dance instructors including: Swing, Hip Hop, Musical Theatre, Rhythm Tap, and more. Check out the website for more information: http://www.uidaho.edu/class/jazzfest

DANCERS DRUMMERS DREAMERS

Save the date for the always inventive, unique, and spirited production of "DancersDrummersDreamers" produced in collaboration with the Lionel Hampton School of Music, slated March 23rd-25th 2017.

PILATES CERTIFICATIONS

Congratulations to our dance students Lauren Smith, Sydney Knudson, and Kristal Garland-Smith on the completion of their BASI Pilates Certifications. Watch for dates in 2017-18 for the next opportunity to complete the BASI Pilates Mat teacher qualification program through the UI-Dance Program (open to all). Contact Melanie Meenan for more information: mmeenan@uidaho.edu





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UI—Tobacco Free Campus

MVSC Students and Faculty Lead Effort for a Healthier Campus

In summer 2016 the UI became Tobacco Free to support a healthier well-being and cleaner environment for the Vandal community. We feel this MVSC student and faculty led work is a great example of the UI living the new university principle of Sustainability, where "We embrace our personal and social obligation to ensure the sustainability of our future. For this community, ensuring a sustainable healthy lifestyle is part of a comprehensive desire to acknowledge stewardship of the natural environment to human interactions and well-being."



Instrumental in the enactment of this university policy, was the work completed by Movement Sciences 429 and 486 course instructors (Professor

Helen Brown and Dr. Grace Goc Karp) and student project groups starting back in 2012 and each year after. Daniel Trautvetter (MVSC'13 Alumnus) was a part of the first team that started the work and continued to stay connected through the policy approval. As a result of this health promotion and policy work, Daniel launched his career as a Tobacco Cessation Counselor and Cancer Information

Specialist at the Fred Hutchinson Cancer Research Center in Seattle. Daniel is currently working on his Master's in Public Health. Other student team members have included: Jen Deffenbaugh, Heidi Anders, Elisa Hunt, Sam Berg, and Samantha Delmer. Emily Tuschhoff, UI Health Education Coordinator, also involved with the work, stated that "the partnership



between Vandal Health Education and students and faculty in MVSC was instrumental in keeping the Tobacco Free initiative moving forward." Each of the MVSC 429/486 student groups served key roles in the process. For example, initiating the idea, rallying campus stakeholders, and conducting activities to increase awareness concerning benefits and resources.

Applied Exercise Science Laboratory

In 2016 the College of Education Building went through a complete renovation, which entailed collaborative student spaces, high-tech classrooms, library, new office spaces, and two new high-tech Movement Sciences laboratory-clinical spaces. On the first floor, MVSC students and faculty have the opportunity to work in state of the art laboratory and clinical spaces that allow for rich and exciting learning, teaching, research and outreach experiences. The Applied Exercise Science Laboratory is the learning center where Movement Sciences students experience laboratory assignments in exercise testing and prescription, exercise physiology, motor behavior and biomechanics-kinesiology.

MVSC students and faculty are thankful for the generous donors who made this facility possible for preparing future MVSC professionals. In particular, Leon Green's, known as the "Father of Idaho Recreation", grandson Scott Green ('85) paid tribute to Professor Green's legacy by financially supporting the Applied Exercise Science Laboratory.

Recreation Program Accreditation

The Recreation Program Coordinator, Dr. Julie Son, attended the National Park and Recreation Association Conference in October 2016 to finalize the accreditation process for the University of Idaho Recreation Program. The Council on Accreditation of Parks, Recreation, Tourism and Related Professions

(COAPRT) found the program to be excellent with passionate and competent faculty. The next COAPRT accreditation for the program will take place in fall 2023. The university, college and department were extremely pleased with the accreditation work completed by the Recreation Program faculty (Drs. Julie Son, Bamboo Chen and Sharon Stoll, Professor Bruce Saxman, and Doctoral Student Erik Luvaas, and all associated faculty).



Parks, Recreation, Tourism and Related Professions

Idaho Recreation and Parks Association Undergraduate and Graduate Scholarships



In October 2016, Recreation Undergraduate Majors Jenine Estlick and Brock Morris were awarded Idaho Recreation and Parks Association Undergraduate Scholarships. Jenine is currently a senior in Recreation at UI, and is expected to graduate in December 2016. Jenine has discovered her passion for outdoor recreation and adventure sports since moving to North Idaho from the Midwest. She has served in multiple leadership positions at the UI, including a co-leader for multiple outdoor trips for the Outdoor Program, an instructor for UI Climbing Center, and a UI-Caya Ambassador, and guide for high school children from South America in rock climbing.

Brock Morris is a graduate student in the MS-Movement and Leisure Sciences Program. Brock's specialty is in the Recreation, Sport, and Tourism emphasis, and he is on track to graduate in Spring 2017. Brock has a passion for intramural sports. When he was an undergraduate student in Exercise Science and Health at UI, he worked as intramural sports official, sports supervisor and intern. Currently, he is working as a graduate assistant for Intramural Sports at UI as well as the state student leader for the National Intramural-Recreational Sports Association. In 2018 the IRPA Conference will be held in Moscow, Idaho on April 9-11.

Recreation Student Experience REC 216

GI Ar Clire

The Recreation Program's fall 2016 REC 216 River Recreation and Watercraft Safety course engaged students in the basic principles of river rescue, safety, and travel as well as the history of river exploration and contemporary issues facing river recreation today. In particular, students investigated the pros and cons of dam removal on the lower Snake River. To see multiple sides of this controversial issue students toured the Lower Granite Dam and spoke with employees of the US Army Corps of Engineers, took part in Friends of the Clearwater's Snake River Flotilla advocating for dam removal, and participated in a three day rafting trip down the lower Salmon and Snake Rivers.





Safe Routes to School (SR2S)

Funding Awarded— 8 out of 10 Years Welcome, Welcome—Erin Bacon!

SR2S Funding! In summer 2016, Professor Helen Brown and Dr. Grace Goc Karp, received funding to continue (i.e., 8th

year of funding) with their Safe Routes to School engaged scholarship within the Moscow community and beyond. They were awarded funding for a three year period, 2017-2019, totaling \$180,000. In 2012, the UI-Moscow SR2S Program was a featured program model for sustainability by the National Center for Safe Routes to School. The current SR2S Program is working with stakeholders in science, technology, engineering, art and mathematics, and extending the program to rural communities in Idaho through the UI TRIO-Inspire Program. The SR2S Program engages over 120 UI students each year.



Erin Bacon, Welcome! In fall 2016 Erin was hired as the SR2S coordinator. Erin is a long time Palouse resident from Pullman and graduated from WSU—BS in Psychology ('05) and a Business Degree in Human Resources and Ethics ('08). Before coming to UI she worked at WSU in IT and Educational and Public Media. She is an avid walker and biker and can be seen riding the streets of Moscow with her two young children on almost any spring or summer evening. Erin is passionate about children's safety and a strong advocate for transport to and from school by walking and biking. She is excited to work with SR2S and make a positive impact. One of her goals for the program is to see all

Moscow children wear helmets while biking or skating. She is also looking forward to working with the school district and city departments to make infrastructure changes to increase safety for children.

MVSC 2016 Scholarship Awards and Recipients

In 2016 the Department of Movement Sciences awarded **\$75,582** dollars to MVSC students. Scholarship recipients were included 28 undergraduate and 9 graduate students. MVSC undergraduate awardees were: Faith Alexander, Vincent Allen, Robert Brown, Tegan Campell, Yishan Chen, Tristan Clements, Nathan Cook, Aleksandra Day, Taylor Eddleston, Katherine Groggett, Patience Hamm, Kenneth Harper, Makenzie Hauger, Elizabeth Helwick, Amy Kaucic, Leslie Kiebert, Bredesin Kretz, Dominick Luby, Lisa Nikssarian, Allison O'Bryan, Timothy Olson, Rebecca Pearce, Kaitlyn Rhea, Danielle Riddle, Jacob Russell, Lauren Smith, Lucas Thomas, and Brianna Wilfert.

MVSC graduate recipients were: Yazhuo Deng, Elisa Drake, Marcis Fennell, Kimberley Firth, Erik Luvaas, Brock Morris, Megan Nelson, Ashley Reeves, and Aspen Summerlin.

On behalf of all MVSC faculty, staff and students we thank all of our scholarship donors and donor families. *THANK YOU!*

Congratulations

Movement Sciences Graduates—Summer/Fall 2016!

Doctor of Athletic Training

Victoria Graham (Summer 2016)
Robinetta Hudson (Summer 2016)
Belinda Sanchez (Summer 2016)
Valerie Stevenson (Summer 2016)
Robert Bonser (Fall 2016)
Erin Chapman (Fall 2016)
Marcie Fyock (Fall 2016)
Christy Hancock (Fall 2016)
Bethany Hansberger (Fall 2016)
Jena Hansen-Honeycutt (Fall 2016)
Rick Loutsch (Fall 2016)
Amy Richmond (Fall 2016)

M.S. Athletic Training

Elliot Gilbert (Fall 2016) Aric Quinney (Fall 2016) Jordan Ritchie (Fall 2016) Wesly Snell (Fall 2016)

M.S. Movement & Leisure Sciences

Katie Eisele (Summer 2016) Joseph Martin (Fall 2016) Jorge Vega Salinas (Fall 2016)

M.Ed. Physical Education

Elisa Drake (Summer 2016) Simon Olsen (Summer 2016) Amber Potter (Summer 2016) Michael Lindahl (Fall 2016)

B.S. Dance

Christine Atwood (Fall 2016) Kristal Garland–Smith (Fall 2016) Sydney Knudson (Fall 2016)

B. S. Exercise Science & Health

Katherine Adams (Summer 2016) Carly Bloomer (Summer 2016) Callie Collins (Summer 2016) Kendall Crickmore (Summer2016) William DeViney (Summer 2016) Nicole Dorsey (Summer 2016) Albert Gravel (Summer 2016) Riley Harkins (Summer 2016) Kyle Iverson (Summer 2016) Tyson Johnson (Summer 2016) McKayla Pierson (Summer 2016) Arkia Pratt (Summer 2016) Alison Rogers (Summer 2106) April Russell (Summer 2016) Janelle Stacy (Summer 2016) Daniel Stephens (Summer 2016) Kodie Talley (Summer 2016) Jacob Trudeau (Summer2016) Cooper Wright (Summer 2016) Vincent Allen (Fall 2016) Gavin Butterfield (Fall 2016) Travis Cogswell (Fall 2016) Kathleen Connor (Fall 2016) Makenzie Hauger (Fall 2016) Bailey Helton (Fall 2016) Danielle Riddle (Fall 2016)

Anna Slusser (Fall 2016) Brianna Smith (Fall 2016) Hayden Sutton (Fall 2016) Lindsey Wallace (Fall 2016) Anthony Durant (Fall 2016) Kramer Knecht (Fall 2016)

B.S. Physical Education (Exercise Science & Health)

Tyler Giery (Summer 2016) Jennifer Lovato (Summer 2016)

B.S. Recreation

Emilee Cordon (Summer 2016)
Brennan Granden (Summer 2016)
Patrick Greene (Summer 2016)
Michael Ruby (Summer 2016)
Chelsey Whyte (Summer 2016)
Robert Brown (Fall 2016)
Jenine Estlick (Fall 2016)
Elizabeth Stephens (Fall 2016)

May your lives be blessed with exploration, discovery, engagement, and movement!





MVSC EXTRA!

Employment Highlights of 2016 Graduates—

-<u>Belinda Sanchez:</u> Doctor of Athletic Training'16, Clinical Assistant Professor WWAMI, Univ. of Idaho -<u>Skyler Cook:</u> MS-Move. and Leisure Sci.'16; Coordinator of Competitive Sports; Univ. of CO, CO, Springs -<u>Matt Wagner:</u> MS-Move. and Leisure Sci.,'16 Coordinator of Outdoor Programs, Washington State Univ.

New Graduate Teaching Assistants Fall 2016—

- -<u>Katie Adams</u>: MS-Movement and Leisure Sci.; From-Moscow, ID; Dr. Chantal Vella, Mentor <u>Madeline Casanova</u>: PhD Student-Exercise Science; From-Simi Valley, CA; Dr. Damon Burton, Mentor -Smokey Fermin: DAT Student; From-Orosi, CA; Dr. Jim May, Mentor
- -<u>Aubrey Shaw</u>: PhD Student-Health Active Lifestyles; Maple Grove, MN; Dr. Sharon Stoll, Mentor -<u>Alli Zeigal</u>: DAT Student; Carbondale, CO; Dr. Rusty Baker, Mentor

Yay Dissertation Work!—

-MVSC students who have proposed and/or defended their doctoral dissertation since May 2016: *Vannessa Martinez*, Dr. Damon Burton, Mentor, PhD Degree; *Jena Hansen-Honeycutt*, DAT, Dr. Alan Nasypany, Mentor; *Kevin Bryant*, Dr. Sharon Stoll, Mentor, PhD Degree; *Amy Richmond*, DAT, Dr. Russell Baker, Mentor; *Erin Chapman*, DAT, Dr. Alan Nasypany, Mentor; *Robert Bonser*, DAT, Dr. Russell Baker, Mentor; *Bethany Hansberger*, DAT, Dr. Russell Baker, Mentor; *Rick Loutsch*, DAT, Dr. Russell Baker, Mentor; *Christy Hancock*, DAT, Dr. Russell Baker, Mentor; *Valerie Stevenson*, DAT, Dr. Russell Baker, Mentor; *Valerie Stevenson*, DAT, Dr. Chantal Vella, Mentor; *Vicky Graham*, DAT, Dr. Alan Nasypany, Mentor; *Robinetta Hudson*, DAT, Dr. Rusty Baker, Mentor.

Up Coming MVSC Events—

- -MVSC Scholarship Applications, Due January 23, 2017; http://www.uidaho.edu/ed/mvsc
- Teaching Assistantship Applications, Due February 1, 2017; pwscruggs@uidaho.edu
- -Dance Off Hand, December 8th at 7:30pm in PEB Studio 110, \$5
- Jazz Festival Dance Classes, February 23-25, 2017; http://www.uidaho.edu/class/jazzfest
- -Dancers, Drummers, Dreamers, Inventive, unique and spirited production; March 23-25, 2017
- -Senior Dance Showcase, April 29, 2017 at 2:00pm, UI Physical Education Building 110
- -UI-Dance Program Current Student Scholarship Audition, February 10, 2017
- -UI-Dance Program Entry/Scholarship Audition, February 17, 2017
- -Polar Walk SR2S, February 1, 2017, Moscow School District
- -Fill the Racks SR2S, May 3, 2017, Moscow School District
- -<u>SR2S Kid's Safety Fair</u>, June 3, 2017, Moscow School District

MVSC Faculty Searches—

-Exercise Science and Health—Biomechanics, Assistant Professor, August 2017 Start -Athletic Training—Patient Care, Assist/Associate Professor, Jun/Aug 2017 Start



Alumni in the News!—

- <u>Kristin Armstrong</u>: MVSC'95, Gold Medal winner in the Women's Individual Time Trial of the 2016 Olympic Games in Rio; Kristin has won 3 Gold Medals—Congratulations Kristin!

Interested in Donating — MVSC/HPERD Excellence Funds or Scholarship?

https://www.sites.uidaho.edu/aivina/aivinaform.aspx?presets=

Contact Marta McClintock, Director of Development

Movement Sciences Newsletter

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