

# CURRICULUM VITAE

University of Idaho

**NAME:** Heather Terhorst-Miller

**DATE:** September 14<sup>th</sup>, 2023

**RANK OR TITLE:** Assistant Professor

**DEPARTMENT:** Psychology & Communication

**OFFICE LOCATION AND CAMPUS ZIP:** SHC 220

**EMAIL:** htmiller@uidaho.edu

**WEB:**

**DATE OF FIRST EMPLOYMENT AT UI:** August 14<sup>th</sup>, 2023

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** August 14<sup>th</sup>, 2023

## EDUCATION BEYOND HIGH SCHOOL:

**Ph.D., Counseling Psychology**

August 2018

Minor in Integrated Behavioral Health

New Mexico State University, Las Cruces, NM

APA-Accredited Program

**M.S., Clinical-Counseling Psychology**

August 2012

Illinois State University, Normal, IL

**B.S., Psychology and Sociology**

May 2010

Olivet Nazarene University, Bourbonnais, IL

## Certificates and Licenses:

**Licensed Psychologist**

ID # PSY-203835

WI # 3921-57

## EXPERIENCE:

### Teaching, Extension and Research Appointments:

**Assistant Professor, Tenure-Track Appointment**

August 2023 to

Department of Psychology & Communication

present

University of Idaho, Moscow, ID

**Assistant Professor, Tenure-Track Appointment**

August 2018 to

Department of Psychology

August 2023

University of Wisconsin-Stout, Menomonie, WI

**Course Instructor, Graduate Teaching Assistant Appointment**

August 2013 to

Department of Counseling & Educational Psychology

December 2016

New Mexico State University, Las Cruces, NM

**Non-Academic Employment:****Therapist and On-Call Administrator**

Norman C. Sleezer Youth Home, Freeport, IL

August 2012 to  
June 2013**Consulting:****Associate/Licensed Psychologist**

University of Wisconsin-Stout Counseling Center, Menomonie, WI

September 2018 to  
August 2023**Psychology Intern**Alaska VA Healthcare System, Anchorage, AK  
APA-Accredited Internship ProgramAugust 2017 to  
August 2018**Neuropsychology Technician**

iNetMedRx2 Inc., Las Cruces, NM

August 2016 to  
June 2017**Doctoral Student Supervisor**

NMSU Community Mental Health &amp; Wellness Clinic, Las Cruces, NM

September 2015 to  
May 2017**Behavioral Health Consultant**La Clinica de Familia, Las Cruces, NM & San Miguel, NM  
Family Medicine Center, Las Cruces, NM  
Memorial Medical Center, Las Cruces, NMSeptember 2015 to  
December 2016**Practicum Student Counselor**

New Mexico State University Counseling Center, Las Cruces, NM

August 2014 to  
May 2015**Group Co-leader**

La Casa Domestic Violence Program, Las Cruces, NM

March 2014 to  
November 2015**Counselor**

NMSU Community Mental Health &amp; Wellness Clinic, Las Cruces, NM

September 2013 to  
May 2017**Counselor**

Institute for Human Resources, Pontiac, IL

May 2011 to  
May 2012**Group Co-leader**Illinois State University Psychological Services Center, Normal, IL  
Dialectical Behavior Skills psychoeducational groupJanuary 2011 to  
April 2012**TEACHING ACCOMPLISHMENTS:****Areas of Specialization:** Clinical and Counseling Psychology**Courses Taught at the University of Idaho:**PSYC 101 Introduction to Psychology  
Fall 2023**Courses Taught at the University of Wisconsin-Stout:**

PSYC 110: Introduction to Psychology

Fall 2018, Spring 2019, Fall 2019, Spring 2022, Summer 2022, Winter 2023, Summer 2023

PSYC 251: Child Psychology

Summer 2022, Spring 2023

PSYC 350: Cultural Psychology  
 Spring 2020, Spring 2021, Fall 2021, Fall 2022  
 PSYC 355: Clinical-Counseling Psychology  
 Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022  
 PSYC 361/561: Abnormal Psychology  
 Fall 2018, Spring 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023  
 PSYC 370/570: Interpersonal Effectiveness Training  
 Fall 2019, Spring 2020, Spring 2021, Fall 2022, Spring 2023  
 PSYC 371/571: Introduction to Health Psychology  
 Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023

### **Courses Taught at New Mexico State University:**

CEP 110: Human Growth and Behavior  
 Fall 2013, Fall 2014, Fall 2015, Spring 2016  
 CEP 300V: Human Relations Training  
 Spring 2014  
 CEP 451V: Introduction to Counseling  
 Fall 2013, Fall 2016

### **Students Advised:**

#### **Undergraduate Students:**

**Advised to completion of degree:** ~ 10 per year (University of Wisconsin-Stout)  
**Mentored in research:** 5 (University of Wisconsin-Stout)

#### **Graduate Students:**

**Mentored in research:** Rachael Miller (University of Wisconsin-Stout), Sydney Turner (University of Wisconsin-Stout)

### **Invited Lecture:**

**University of Wisconsin-Stout Psi Chi Meeting** Fall 2018  
*Cultural Competence in Domestic Violence Paraprofessional Staff and Psychology Trainees*

### **Teaching Honors and Awards:**

**First Year Instructor Program Funding** Spring 2019  
 Nakatani Teaching and Learning Center  
 University of Wisconsin-Stout

**Outstanding Teaching Award** (for 2021-2022 academic year) Fall 2022  
 College of Education, Hospitality, Health and Human Sciences  
 University of Wisconsin-Stout

### **SCHOLARSHIP ACCOMPLISHMENTS:**

#### **Refereed/Adjudicated Publication:**

Schwartz, J., **Terhorst-Miller, H.**, & Rutherford, J. (2015). Health disparities and help-seeking behavior in boys. In Juntunen, C. & Schwartz, J. (Eds.), *Counseling Across the Lifespan: Prevention & Treatment*, 2<sup>nd</sup> ed. Thousand Oaks, CA: Sage Publications.

**Peer Reviewed/Evaluated Publications:**

Hanson, B.L., Porter, R.R., Zold, A.L., & **Terhorst-Miller, H.** (2020). Preventing opioid overdose with peer-administered naloxone: Findings from a rural state. *Harm Reduction Journal*, 17 (4). doi: 10.1186/s12954-019-0352-0

Cheng, H-L., Lopez, A., Rislin, J.L., Kim, H.Y., Turner, J., **Terhorst-Miller, H.**, Lopez, J., & Cha, C.H. (2018). Latino/Hispanic community adults' healthcare experience in a New Mexico borderland region. *Journal of Health Disparities Research and Practice*, 11. Available at <https://digitalscholarship.unlv.edu/jhdrp/vol11/iss4/5>

**Presentations:**

**Terhorst-Miller, H.** & Hera, K. (2023). *Can cute stimuli affect memory?* Poster presented at the 2023 Annual Convention of the American Psychological Association, Washington, DC.

**Terhorst-Miller, H.** & Turner, S. (2023). *Cultural competence in counseling and health service psychology training: A qualitative study.* Virtual poster presented at the 2023 Annual Convention of the American Psychological Association, Washington, DC.

**Terhorst-Miller, H.**, Bakken, T., & Bachman, C. (2022). *Cultural competence in health service psychology trainees during predoctoral internship.* Poster presented at the 2022 Midwestern Psychological Association Conference, Chicago, IL.

Cheng, H-L., Rislin, J.L., La, S., Kim, H.Y., **Terhorst-Miller, H.**, Valdovinos, K.... & Tsai, C-L. (2018). *Development of a measure of Latinx adults' perceived racial/ethnic discrimination in health care.* Poster presented at the 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Cheng, H-L., Lopez, A., Rislin, J., La, S., Kim, H., **Miller, H.**.... & Durham, C. (2016). *Perceived racial/ethnic discrimination in healthcare settings: Latino/a adults' experiences.* Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Cheng, H-L., McDermott, R. C., La, S., Rislin, J. L., Kim, H., & **Miller, H.** (2016). *Rejecting or identifying with one's ethnic ingroup: Psychocultural and mental health correlates.* Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Hitter, T.L., Lopez, A., Kim, H., Bridges, C., **Miller, H.**, Cervantes, A., ...Estrada, R. (2016). *Perceptions of qualitative and quantitative research among counseling psychology faculty members.* Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

**Terhorst-Miller, H.** & Miller, S.M. (2015, August). *Mindfulness with university students who identify as Christian: Implications for counseling.* Poster presented at the 2015 American Psychological Association Conference Division 17 Student Poster Session, Toronto, Canada.

Cheng, H-L., Rislin, J., La, S., Valdovinos, K., Williams, C., **Miller, H.**, Cha, C., Del Rio, I. (2015, August). *Risks and resilience associated with dieting among Latinas: A moderated mediation model.* Poster presented at the 2015 American Psychological Association Conference, Toronto, Canada.

Cheng, H-L., Rislin, J., La, S., Valdovinos, K., Williams, C., **Miller, H.**, Cha, C., Del Rio, I. (2015, August). *Predictors of binge eating among Latina versus White college women.* Poster presented at the 2015 American Psychological Association Conference, Toronto, Canada.

DeSouza, E.R., **Terhorst-Miller, H.**, & Hesson-McInnis, M. (2013, May). *College Students' views toward diversity as mediators of anti-affirmative action values.* Poster presented at the 25<sup>th</sup> Annual Association for Psychological Science Convention, Washington, DC.

House, A., Young, L.M., Van Aman, C., **Terhorst, H.**, & Ramon, A. (2012, May). *Disseminating dialectical behavior therapy skills in the community: Four semesters of experience.* Poster presented at the 38<sup>th</sup> Annual Association for

Behavioral Analysis International Convention, Seattle, WA.

**Terhorst, H.**, DeSouza, E.R., & Hesson-McInnis, M. (2012, April). *Affirmative action values: The beliefs of undergraduate, master's, and doctoral college students and their views toward diversity*. Poster presented at the 2012 Illinois State University Graduate Symposium, Normal, IL.

House, A., Young, L., Ramon, A., **Terhorst, H.**, & Tobey, J. (2012, March). *A DBT skills group as a vehicle for education in counseling psychology: Four semesters of experience*. Poster presented at the 2012 Great Lakes Regional Counseling Psychology Conference, West Lafayette, IN.

Ramon, A., **Terhorst, H.**, Young, L., Chang, T., Van Aman, C., Young, T.... & House, A. (2011, April). *DBT skills group as a vehicle for service and training: Lessons from our first year*. Poster presented at the Great Lakes Regional Counseling Psychology Conference at Indiana University, Bloomington, IN.

**Terhorst, H.** (2010, April). *A study on how emotional affect is perceived by others*. Oral presentation presented at the 43<sup>rd</sup> Annual Associated Colleges of the Chicago Area (ACCA) Student Scholarship Symposium, Romeoville, IL.

### Professional Workshop:

Wanzer, D., Smith, L., Lovejoy, C., & **Terhorst-Miller, H.** (2021). *Trauma-informed pedagogy: Small but mighty inclusive teaching practices you can start today*. Virtual presentation presented at the Spring 2021 University of Wisconsin-Stout's professional development week.

### Grants and Contracts Awarded:

<b>Faculty Research Initiative Grant</b>	May 2022
PI: Heather Terhorst-Miller, Ph.D.	
Office of Research and Sponsored Programs	
University of Wisconsin-Stout	
Amount: \$6,101	

<b>Chancellor's Fund for Teaching Excellence &amp; Student Success</b>	February 2022
PI: Heather Terhorst-Miller, Ph.D.	
Office of Research and Sponsored Programs	
University of Wisconsin-Stout	
Amount: \$1,553	

### Honors and Awards:

<b>R Deblasse End Scholarship</b>	Fall 2016 to Spring 2017
New Mexico State University	

<b>Rene Ruiz Dissertation Award</b>	Fall 2015 to Spring 2016
New Mexico State University	

### SERVICE:

#### University of Idaho

<b>Department-level Committee Assignments:</b>	
External Relations Committee	August 2023 to present
Promotion and Tenure Committee	August 2023 to present

### Professional and Scholarly Organizations:

<b>Member, American Psychological Association</b>	Current member
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**Student Member, Doctoral Student Association**  
NMSU CEP Department

August 2013 to May 2016

**University of Wisconsin-Stout:**

**University Level Assignment:**  
Associate/Licensed Psychologist

September 2018 to  
August 2023

**Department Level Committees and Assignments:**

**Chair, Search Committee**  
Developmental Psychology Search

Spring 2023

**Member, Search Committee**  
Industrial/Organizational Psychology Search  
Developmental Psychology Search

Fall 2022 to Spring 2023

**Director, Psychology Student Center**

Spring 2020 to  
Spring 2023

**Co-director, Psychology Student Center**

Fall 2019

**Member, Student Alumni Workgroup**

Fall 2019 to Spring 2020

**Chair, Curriculum Committee**

Fall 2021 to Spring 2023

**Member, Curriculum Committee**

Fall 2018 to Spring 2021

**New Mexico State University:**

**Program Level Assignments:**

**Behavioral Health Program Liaison**  
NMSU CEP Department & La Clinica de Familia

January 2017 to June 2017

**Student Representative to Training Committee**  
NMSU CEP Department

August 2015 to May 2016

**Journal Review:**

**Faculty Reviewer, Journal of Student Research**  
University of Wisconsin-Stout

Fall 2018 & Fall 2021

**PROFESSIONAL DEVELOPMENT:**

**Teaching:**

New Instructor Workshop, August 2018  
Team-Based Learning, June 2014

**Scholarship:**

Collaborative Institutional Training Initiative (CITI) Social-Behavioral Educational Comprehensive & Basic Course,  
July 2022  
UW-Stout Human Subjects Training Certification, May 2019  
Publish & Flourish: Becoming a Prolific Scholar Workshop, February 2015

**Outreach:**

Being Quantum: Ontological Storytelling in the Age of the Antenarrative, December 2014

Quantum, Indigenous, and Living Stories: A Nexus of Science, Art, and Ethics, December 2013

**Professional:**

Psychopharmacology in Plain English (PESI), June 2023

10 Principles of Effective Couples Therapy (PESI), June 2023

Clinical Supervision: Proven Tools and Techniques for Success (PESI), September 2022

Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training (PESI), April 2020

Behavioral Health Training Workshop, March 2016

Interprofessional Immersion, July 2015

40-hour Domestic Violence Training for Illinois, December 2009

“The Newest Treatment for Schizophrenia” Training, August 2009

“Psychological Evaluations & Using the DSM” Training, June 2009